

SAINT LEO THE GREAT CHURCH, BROOKLIN

SEASON OF LENT CALENDAR 2016

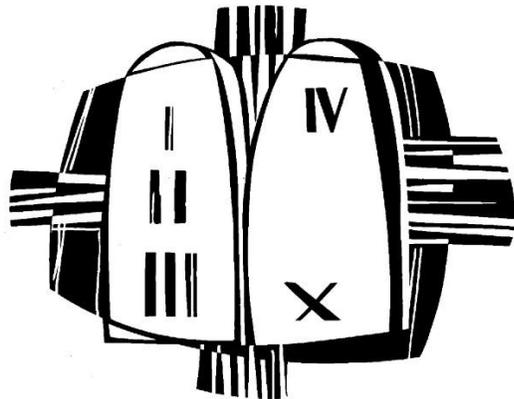
This handout serves to inform our parishioners of the activities and liturgical calendar for the Season of Lent 2016. Perhaps it would be good to post this somewhere handy for your own referral.



LENTEN POVERTY MEAL EACH FRIDAY

With the exception of Good Friday, we will again be holding a Lenten Poverty Meal each Friday of Lent consisting of homemade soups (meatless) and fresh bread as a communal sign of our desire to be one with the poor and less fortunate. There is no cost however a free-will offering basket will be present with all proceeds going to our St. Vincent de Paul Society and given to the poor. Thanks to the ladies who feed us in so many ways.

STATIONS OF THE CROSS



EVERY FRIDAY AT 6:30 pm.

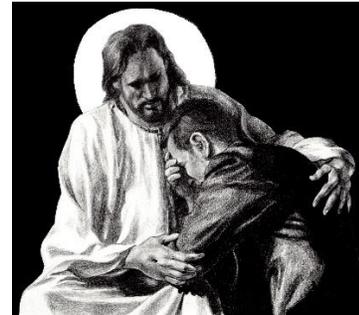
LENTEN MASS:
Every Friday evening at 7 pm.

LENTEN 3-EVENING RETREAT
with Fr. Dominic Borg, OCD
Join us each evening from 7 - 8:30 pm.
Monday February 29 – Wednesday March 2
Mass followed by Retreat Talk. Free Admission

Preparing for Confession: **Examination of Conscience** Adults, teenagers, young children Lenten Info. Table

A good resource for preparing to make a good confession is the Examination of Conscience which aids the penitent in doing a good personal moral inventory of their sins in preparation for God's wonderful mercy and forgiveness.

SACRAMENT OF RECONCILIATION



**PARISH LENTEN DAY OF
CONFESSION**
Tuesday March 8
9 am. -12 noon & 6-8 pm.

A WORD for Lent
**Ash Wednesday after Masses
and First Sunday of Lent**
Again this year we will be distributing the now become popular Word for Lent. Parishioners will be able to pull a word from a box (separate boxes for children and for adults) and reflect on what that word means to them as they journey through Lent.

Fasting laws **Ash Wednesday / Good Friday**

The fasting laws of the Church state that: Ash Wednesday and Good Friday are days of *fasting* and of *abstinence* from meat. The law of *abstinence* from meat binds those who are 14 and older; the law of *fasting* binds those from 18-59 years of age.

HOLY HOUR
Each Wednesday, 6-7 pm.